WWS HEALTH POLICY: ILLNESS

August 29, 2022 (replaces all earlier editions)

This policy is intended to guide the practical matters of school attendance and reporting in the event of illness, positive COVID-19 test result or close contact with COVID-19. Please consult a licensed healthcare provider for medical advice. This policy follows *Guidance to Support Safe In-Person Operations for PreK-12 Schools and Child Care Programs* issued jointly by the Maryland Department of Health and the Maryland State Department of Education (7/2/2022). We continue to work collaboratively with our local health department and follow their instructions.

IF YOU ARE SICK: STAY HOME

If you have any symptom of illness, stay home from school.
We do not want any potentially contagious illness on campus. Whether it is COVID-19 or something else, you need to stay home.

If you feel sick at school, go home.
Let a faculty member or coach know. We require that parents/guardians pick-up sick students / make arrangements within an hour of being notified.

Is it COVID-19 or something else?

> ►**IF SYMPTOMS COULD BE COVID-19** -AND- *NOT* NOTIFIED OF CLOSE CONTACT with COVID-19 in the last 10 days
>
> If you stay home with symptoms that could be COVID-19, we recommend that you do a home test.
> > Positive test result →
> >
> > - Follow the CDC GUIDANCE HERE to know how long you should stay home and when you will be able to return to school.   Follow any instructions about wearing a mask.
> > - Tell your close contacts (examples include any carpool members, sleepover guests).
> > - Tell your department coordinator about your test result. We will send a notice to your class/department. We will not name you.
> > - Tell your department coordinator about your earliest return to school date. We will let the teachers know.
> > - Resident of Maryland? Report your positive home kit result here (new users need to register).
> >
> > Negative test result *and* no known close contact in the last 10 days →
> >
> > - See below "NOT COVID-19". You still need to stay home while you are sick.
>
> ►**IF YOU HAVE BEEN NOTIFIED OF CLOSE CONTACT** in the last 10 days -AND- ANY SYMPTOMS OF ILLNESS
>
> If you were notified of close contact with COVID-19 in the last 10 days and now you have any symptoms of illness, it is very likely you have COVID-19.

- Follow the CDC GUIDANCE HERE to know how long you should stay home and when you will be able to return to school. Follow any instructions about wearing a mask.
- We recommend that you do a home test.
    - If it is positive let us know. Resident of Maryland? Report your positive home kit result here (new users need to register).
    - If it is negative, we may ask you to have a PCR test (if it could get you back to school sooner).
- Tell your close contacts (examples include any carpool members, sleepover guests).
- Tell your department coordinator. We will send a notice to your class/department. We will not name you.
- Tell your department coordinator about your earliest return to school date. We will let the teachers know.

►IF NOT COVID-19… ALL OTHER ILLNESSES

For all other illnesses (not COVID-19) you may return to school when your symptoms have resolved - unless your healthcare provider tells you to stay home longer. If you have a fever, it needs to be gone for at least 24 hours without the use of fever-reducing medication.

If a licensed healthcare provider diagnoses you with any other contagious illness like strep or flu, please let us know. We will send a notice to your class/department. We will not name you.

If you have a diagnosed, pre-existing condition like seasonal allergies or migraine headaches, please let your department coordinator know. We will ask for a "doctor's note" to identify and document your baseline symptoms - symptoms we do *not* need to treat like contagious illness.

IF YOU HAVE CLOSE CONTACT WITH COVID-19:
WEAR A MASK & WATCH FOR SYMPTOMS

For a definition of close contact, see here.

If you do *not* have any symptoms of illness, you may continue in school.

- Wear a mask in school and other public places for 10 days from your last close contact. The day of your last close contact with COVID-19 is day 0, the next day is day 1, and so on.
- We recommend that you do a home test on day 5 from your last close contact. The day of your last close contact with COVID-19 is day 0, the next day is day 1, and so on.
- If you develop any symptoms of illness in the 2 weeks following your last close contact, stay home and see the instructions above.

MASKS

Masks are welcome on campus, no questions asked. We will notify you if masks are required.

COVID-19 TESTING

We may ask you to test with a home kit before returning to school from a break, or before sports, trips or events. We will notify you if testing is required.

We will continue to provide rapid antigen home test kits to families at no cost. If there is high-demand we could run-out temporarily, so it is a good idea to keep one at home. These are also available for free from many public libraries and other community resource hubs.

    Montgomery County Testing
    Arlington County Testing
    DC Testing
    PG County Testing
    Fairfax County Testing

ADDITIONAL INFORMATION

    MD Communicable Disease Guide
    CDC Diseases and Conditions (searchable alphabetical index)
    MD COVID-19 Info
    CDC COVID-19 Information

MEDICAL ADVICE

Please continue to seek the advice of your regular healthcare provider as necessary, and especially in the event of any symptoms that cause particular concern.

HEALTH INFORMATION

Health information may be shared between the following individuals as necessary and appropriate:

    Shelly Hackman, Delegating Nurse
    Lelia True, Head of School
    Bonnie McClelland, COVID Contact & HS Administrator
    Christen Leonard, LS Coordinator
    Cecilia Berg Benson, CG Coordinator

We also report to the local health department as required.