

Organic Lunch Menu Check the box each day to order lunch.

Check for GF Gluten Free V Vegetarian DF Dairy Free VG Vegan

Monday	Tuesday	Wednesday	Thursday	Friday	# of lunches per week
3 Bean Chili (GF, DF) with Sour Cream & Cheese Rice Tortilla Chips 11/4 <input type="checkbox"/>	BBQ Chicken (GF, DF) Tempeh Ribs (Veg) Potato Salad Creamy Cole Slaw 11/5 <input type="checkbox"/>	Pizza (V) (GF available) * (DF available) * Salad 11/6 <input type="checkbox"/> Vegetable 11/6 <input type="checkbox"/>	Japchea with Korean style BBQ Beef or Tofu (V) 11/7 <input type="checkbox"/>	Twice Baked Barley and Cheddar Cheese Stuffed Sweet Potato 11/8 <input type="checkbox"/>	
<p align="center">No Classes Veterans Day Holiday</p> <p align="center">11/11</p>	Coconut Chicken Curry (GF, DF) Lentil Dal Roasted Cauliflower Basmati Rice 11/12 <input type="checkbox"/> Apple Raita	Pizza (V) (GF available) * (DF available) * Salad 11/13 <input type="checkbox"/> Vegetable 11/13 <input type="checkbox"/>	Hot & Not Dogs (GF bun optional) Carrots with Chef's Ranch dressing Fruit 11/14 <input type="checkbox"/>	Pasta Ragu Salad 11/15 <input type="checkbox"/>	
Bean & Cheese Burritos Roasted Butternut Squash Cabbage Salad 11/18 <input type="checkbox"/>	Teriyaki Chicken/Tofu (V) Braised Bok Choi w/ Shitake Mushrooms & Carrots Rice 11/19 <input type="checkbox"/>	Pizza (V) (GF available) * (DF available) * Salad 11/20 <input type="checkbox"/> Vegetable 11/20 <input type="checkbox"/>	Beef Stew Squash & Chick Pea Stew (V) Honey Wheat Bread Salad 11/21 <input type="checkbox"/>	<p align="center">No Lunch Service Bazaar Set-Up</p> <p align="center">11/22</p>	
Lentil Soup Corn Bread (GF) Salad 11/25 <input type="checkbox"/>	Chicken Shawarma Falafel w/Tahini (GF) Quinoa Tabuli Roasted Carrots w/Zatar 11/26 <input type="checkbox"/>	<p align="center">No Classes Thanksgiving Break</p> <p align="center">11/27</p>	<p align="center">No Classes Thanksgiving Break</p> <p align="center">11/28</p>	<p align="center">No Classes Thanksgiving Break</p> <p align="center">11/29</p>	

**Talk to Chef about special requests.

Return all completed menus to Stacey Kornegay

Total # of lunches for the month _____
x \$6.25 = \$ _____ Total