


Organic Lunch Menu Check the box each day to order lunch.

Check for GF Gluten Free V Vegetarian DF Dairy Free VG Vegan

Monday	Tuesday	Wednesday	Thursday	Friday	# of lunches per week
	Lentil Soup Corn Bread (GF) Salad 10/1 <input type="checkbox"/>	Pizza (V) (GF available) * (DF available) * Salad Vegetable 10/2 <input type="checkbox"/>	Baked Potato Beefy Chili Cheesy Broccoli / Sour Cream Scallions Salad 10/3 <input type="checkbox"/>	Ravioli with Rosé sauce (Vg) Green Salad 10/4 <input type="checkbox"/>	
3 Bean Chili (GF, DF) with Sour Cream & Cheese Rice Tortilla Chips 10/7 <input type="checkbox"/>	BBQ Chicken (GF, DF) Tempeh Ribs (Veg) Potato Salad Creamy Cole Slaw 10/8 <input type="checkbox"/>	<p style="text-align: center;">No Classes Yom Kippur</p> 10/9	Japchea with Korean style BBQ Beef or Tofu (V) 10/10 <input type="checkbox"/>	Twice Baked Barley and Cheddar Cheese Stuffed Sweet Potato 10/11 <input type="checkbox"/>	
Oven "Grilled" Cheese Creamy Tomato Soup (GF) Salad 10/14 <input type="checkbox"/>	Coconut Chicken Curry (GF, DF) Lentil Dal Roasted Cauliflower Basmati Rice Apple Raita 10/15 <input type="checkbox"/>	Pizza (V) (GF available) * (DF available) * Salad Vegetable 10/16 <input type="checkbox"/>	Hot & Not Dogs (GF bun optional) Carrots with Chef's Ranch dressing Fruit 10/17 <input type="checkbox"/>	Pasta Ragu Salad 10/18 <input type="checkbox"/>	
Bean & Cheese Burritos Roasted Butternut Squash Cabbage Salad 10/21 <input type="checkbox"/>	<p style="text-align: center;">No Lunch Service Teacher Professional Development Day</p> 10/22	Pizza (V) (GF available) * (DF available) * Salad Vegetable 10/23 <input type="checkbox"/>	Beef Stew Squash & Chick Pea Stew (V) Honey Wheat Bread Salad 10/24 <input type="checkbox"/>	Macaroni & Cheese Old Bay Carrots Apple Sauce 10/25 <input type="checkbox"/>	
Lentil Soup Corn Bread (GF) Salad 10/28 <input type="checkbox"/>	Chicken Shawarma Falafel w/Tahini (GF) Quinoa Tabuli Roasted Carrots w/Zatar 10/29 <input type="checkbox"/>	Pizza (V) (GF available) * (DF available) * Salad Vegetable 10/30 <input type="checkbox"/>	<p style="text-align: center;">No Classes Parent Teacher Conferences</p> 10/31	<p style="text-align: center;">Please note that special orders must be pre-ordered at the beginning of the month. We cannot guarantee "same day" requests of special menu items.</p>	

**Talk to Chef about special requests.

Return all completed menus to Stacey Kornegay

Total # of lunches for the month _____

x \$6.25 = \$ _____ Total