Washington Waldorf School   September 2019   Student's name _____ Grade _____

Organic Lunch Menu Check the box each day to order lunch.   Check for GF ☐ Gluten Free   V ☐ Vegetarian   DF ☐ Dairy Free   ☐ VG Vegan

Monday	Tuesday	Wednesday	Thursday	Friday	# of lunches per week
If every family that enjoys ordering from our wonderful school lunch program volunteered for just 4 shifts each year, our kitchen program would be fully staffed!!	Welcome Back	Pizza (V) (GF available) * (DF available) * Salad Vegetable 9/4 ☐	Baked Potato Beefy Chili Cheesy Broccoli / Sour Cream Scallions Salad 9/5 ☐	Ravioli with Rosé sauce (Vg) Green Salad 9/6 ☐	
3 Bean Chili (GF, DF) with Sour Cream & Cheese Rice Tortilla Chips 9/9 ☐	BBQ Chicken (GF, DF) Tempeh Ribs (Veg) Potato Salad Creamy Cole Slaw 9/10 ☐	Pizza (V) (GF available) * (DF available) * Salad Vegetable 9/11 ☐	Japchea with Korean style BBQ Beef or Tofu (V) 9/12 ☐	Twice Baked Barley and Cheddar Cheese Stuffed Sweet Potato 9/13 ☐	
Oven "Grilled" Cheese Creamy Tomato Soup (GF) Salad 9/16 ☐	Coconut Chicken Curry (GF, DF) Lentil Dal Roasted Cauliflower Basmati Rice Apple Raita 9/17 ☐	Pizza (V) (GF available) * (DF available) * Salad Vegetable 9/18 ☐	Hot & Not Dogs (GF bun optional) Carrots with Chef's Ranch dressing Fruit 9/19 ☐	Pasta Ragu Salad 9/20 ☐	
Bean & Cheese Burritos Roasted Butternut Squash Cabbage Salad 9/23 ☐	Teriyaki Chicken/Tofu (V) Braised Bok Choi w/ Shitake Mushrooms & Carrots Rice 9/24 ☐	Pizza (V) (GF available) * (DF available) * Salad Vegetable 9/25 ☐	Beef Stew Squash & Chick Pea Stew (V) Honey Wheat Bread Salad 9/26 ☐	Macaroni & Cheese Old Bay Carrots Apple Sauce 9/27 ☐	

**Talk to Chef about special requests.
Return all completed menus to Stacey Kornegay

Total # of lunches for the month _____
x $6.25 = $ _____ Total

*Please note that **special orders must be pre-ordered** at the beginning of the month. We cannot guarantee "same day" requests of special menu items.