Washington Waldorf School September 2018 Organic Lunch Menu Check the box each day to order lunch.

Student's name		Grade	
Check for GF 🗌 Gluten Free	V 🗌 Vegetarian	DF Dairy Free	] VG Vegan

Monday	Tuesday	Wednesday	Thursday	Friday	# of lunches per week
If every family that enjoys ordering from our wonderful school lunch program volunteered for just 4 shifts each year, our kitchen program would be fully staffed!!	Welcome Back	Pizza (V) (GF available)* (DF available)* "Caesar" Salad (V/GF) Steamed Broccoli 9/4	Baked Potato Beefy Chili Cheesy Broccoli / Sour Cream Scallions Salad 9/5	Ravioli with Rosé sauce (Vg) Green Salad 9/6	
No Lunch Service	BBQ Chicken (GF, DF) Tempeh Ribs (Veg) Potato Salad	Pizza (V) (GF available)* (DF available)*	Japchae with Korean style BBQ Beef or Tofu (V)	Creamy White Lasagna Garlic Bread	
Rosh Hashanah 9/10	Creamy Cole Slaw 9/11	"Caesar" Salad (V/GF) Steamed Broccoli 9/12	9/13	Salad 9/14	
Oven "Grilled" Cheese Creamy Tomato Soup (GF) Salad 9/17	Coconut Chicken Curry (GF, DF) Lentil Dal Roasted Cauliflower Basmati Rice	No Lunch Service Yom Kippur	Hot & Not Dogs (GF bun optional) Carrots with Chef's Ranch dressing Fruit 9/20	Baked Ziti Salad 9/21	
Bean & Cheese Burritos Roasted Butternut Squash Cabbage Salad Fruit 9/24	Apple Raita       9/18         Teriyaki Chicken/Tofu (V)         Braised Bok Choi w/         Shitake Mushrooms & Carrots         Rice         9/25	9/19 Pizza (V) (GF available)* (DF available)* "Caesar" Salad (V/GF) Steamed Broccoli 9/26	Beef Stew Squash & Chick Pea Stew (V) Honey Wheat Bread Salad 9/27	Macaroni & Cheese Old Bay Carrots Apple Sauce 9/28	
** <u>Talk to Chef about special requests</u> . Total # of lunches for the month Return all completed menus to Stacey Kornegay					

## Total

\*Please note that **special orders must be pre-ordered** at the beginning of the month. We cannot guarantee "same day" requests of special menu items.

 Please mark ONE payment choice:
 Cash
 check #
 \$\_\_\_\_\_Amount