Washington Waldorf School March 2018
Organic Lunch Menu Check the box each day to order lunch.

March 2018

Student's name_

Grade

Check for GF Gluten Free V Vegetarian DF Dairy Free VG Vegan

Monday	Tuesday	Wednesday	Thursday	Friday # of lunches per weel
If every family that enjoys ordering from our wonderful school lunch program volunteered for just 4 shifts each year, our kitchen program would be fully staffed!!	Please note that special orders must be pre-ordered at the beginning of the month. We cannot guarantee "same day" requests of special menu items.	Please do <u>not</u> place any marks on days that are not ordered.	Beef Stew Squash & Chick Pea Stew Honey Wheat Bread Salad 3/1	Macaroni & Cheese Blanched Carrots Apple Sauce 3/2
3 Bean Chili (GF, DF) with Sour Cream & Cheese Rice Tortilla Chips 3/5	Oven Baked Chicken Tenders (GF, DF) Tempeh Ribs Potato Salad Creamy Cole Slaw 3/6	Pizza (V) (GF available)* (DF available)* "Caesar" Salad (V/GF) Steamed Broccoli 3/7	Pit Beef BBQ Smoked Tofu (V) Oven Fries Salad 3/8	Vegetarian Lasagna Garlic Bread Salad 3/9
Oven "Grilled" Cheese Creamy Tomato Soup (GF) Salad 3/12	Coconut Chicken Curry (GF, DF) Lentil Dal Roasted Cauliflower Basmati Rice Apple Raita 3/13	No Lunch Service Teacher Professional Development Day 3/14	Hot & Not Dogs (GF Bun) Carrots Fruit 3/15	Baked Ziti Salad 3/16
Bean & Cheese Burritos Roasted Butternut Squash Cabbage Salad 3/19	Teriyaki Chicken/Tofu (V) Braised Bok Choi w/ Shitake Mushrooms & Carrots Rice 3/20	Pizza (V) (GF available)* (DF available)* "Caesar" Salad (V/GF) Steamed Broccoli 3/21	Baked Potato Beefy Chili Cheesy Broccoli / Sour Cream Scallions Salad 3/22	No Lunch Service Start of Spring Break

Cabbage Salad 3/19	Nice	3/20	Steamed Bro 3/21	occoli	Salad	3/22					
** <u>Talk to Chef about special requests</u> . Return all completed menus to Stacey Kornegay						Total # of lunches for the m x \$6.25					
rtotam an complet		NE payment choice:	Cash	FACTS		_ check #	#	\$	Amount	Total	