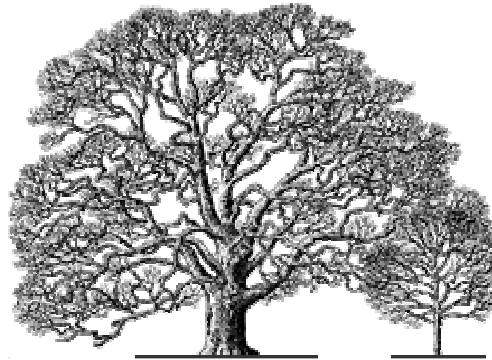




# Programs for Parents With Their Children SPRING 2012



*"I am struck by the fact that the more slowly trees grow at first, the sounder they are at the core, and I think that the same is true of human beings. We do not wish to see children precocious, making great strides in their early years like sprouts, producing a soft and perishable timber, but better if they expand slowly at first, as if contending with difficulties, and so are solidified and perfected..."*

—Henry David Thoreau

# Star Garden Parent-Infant Program

**For expectant parents and parents of infants and babies  
not yet crawling at start date**

The class explores—through readings and facilitated discussions—various themes related to the growth, development, and parenting of the very young child. Parents learn simple songs and games to play with their babies, and develop their ability to quietly observe and interpret babies' movements, gestures, and vocalizations. The class aims to build on parents' intuitive knowledge, helping them better understand how to be with their babies, but also how to let their babies *be*. Classes include a light snack and opportunities for informal conversation with other parents.

Jeanne Feeney will teach this class.

- Time:** 1:15 p.m. – 2:45 p.m.  
Thursdays, February 23 – May 17
- No classes April 5 (Spring Break)
  - **One parent evening** to be scheduled after class begins.
- Cost:** \$360 for one 12 week session of 1.5 hour classes and one parent evening.
- Who May Attend:** Expectant parents and parents, grandparents and/or caregivers of pre-crawling babies. More than one adult may accompany the infant for the same cost.  
**Minimum enrollment is 5 participants, maximum is 8.**

# Sun Garden Parent-Toddler Program

**For parents of crawling babies and children  
under 2 years and 3 months at start date.**

Toddlers, with their newfound mobility and developing language skills, are people “on the go.” They’re busy discovering the world...and keeping their parents busy in the process. The peaceful and relaxing atmosphere of the Parent-Toddler class, where teachers demonstrate a quieter, gentler way of spending time with young children, can help give parents the calm and confidence they need. They learn how to set limits even as their little ones test them. The classes provide a safe and nurturing environment where parents/caregivers and children are free to observe, play with toys made from natural materials or with other children, participate in games and songs, and share a snack.

Jeanne Feeney and Andrea Daney will teach this class.

- Time:** **Thursday, 11:00 a.m. – 12:30 p.m.**  
**February 23 – May 17**  
No classes on April 5 (Spring Break)
- Fridays, 8:30 a.m. – 10:00 a.m.**  
**February 24 – May 18**  
No class on April 6 (Spring Break)
- Two Parent evenings at 7:30 PM –**  
February 13 and April 16  
(Subject to change.)
- Cost:** \$380 for one 12 week session of 1.5 hour classes and two parent evenings.
- Who May Attend:** Parents, grandparents and/or caregivers of crawling babies and toddlers. More than one adult may accompany the child for the same cost. **Minimum enrollment is 6 participants, maximum is 10.**

# Children's Garden Parent-Child Program

*For parents and children between 2 years and 4 months  
and 3 years and 4 months at start date.*

The Parent-Child Program provides a gentle, beginning school experience for the younger child, while a parent or trusted caregiver is nearby. Children and parents experience the rhythms of a simplified Waldorf kindergarten morning in our home-like classroom. The class begins with creative play for children and purposeful work for adults. Children are free to join in with adults who might be baking, preparing wholesome snacks, washing dishes or doing other housekeeping activities. Adults may also choose to work on simple craft projects provided by the teacher. We come together for a circle time with seasonal songs and verses followed by a brief puppet play. Next parents and children enjoy our snack together at our table. We end our class outdoors on our kindergarten playground.

Chrissie Sant and Andrea Daney will teach the class.

**Times:** **Thursday, 8:30 a.m. – 10:30 a.m.**  
**February 23 – May 17**  
No classes on April 5 (Spring Break)

**Friday, 10:30 a.m. – 12:30 p.m.**  
**February 24 – May 18**  
No class on April 6 (Spring Break)

**Two Parent evenings at 7:30 PM –**  
February 13 and April 16  
(Subject to change.)

**Cost:** \$480 for one 12 week session of 2 hour classes  
and two parent evenings.

**Who May Attend:** Parents, grandparents and/or caregivers of young  
children. **Minimum enrollment is 5 participants,**  
**maximum is 10.**

## Faculty

**Jeanne Feeney** received her Waldorf teaching diploma for children from birth to three in 2006. She is a certified practitioner of Body-Mind Centering® and a registered movement therapist, giving her expertise to support families during pregnancy and the early years of a child's life. Since 2005 she has helped initiate these programs for infants and toddlers and has taught at the Washington Waldorf School.

**Chrissie Sant** is a Washington Waldorf School parent. She has experience in early childhood education, teaching in the Parent-Toddler program, and the Parent-Child program.

**Andrea Daney** is a Washington Waldorf School parent and graduate. She has completed early childhood coursework at the Rudolf Steiner Institute and has led an in-home parent child program.

### Parent Evenings

As part of these early childhood sessions, we hold two adult only parent meetings. It is very important that we have these opportunities to meet together with the parents to provide orientation for the classes, distribute reading materials, and have uninterrupted, adult conversation during which we can address topics and answer questions that might not be appropriate to discuss with the children present. Because our approach is often new to participants, these meetings help us get a head start in creating a healthy, happy classroom atmosphere for the children.

**Babes in arms are welcome but please note the dates for these meetings so that you can arrange childcare for older children.**

**For more information about these programs, call Lezlie Lawson in the Enrollment Office at 301-229-6107, x 154 or go to [www.washingtonwaldorf.org](http://www.washingtonwaldorf.org).**

**Washington Waldorf School  
Early Childhood Program  
Spring 2011**

**ENROLLMENT FORM  
Thursday 2/23 – 5/17 or  
Friday 2/24 – 5/18**

**Please circle the desired program –**

Parent Infant Thursday 1:15 PM

Parent Toddler Thursday 11:00 AM    Parent Toddler Friday 8:30 AM

Parent Child Thursday 8:30 AM    Parent Child Friday 10:30 AM

Child \_\_\_\_\_ Male or Female

Child's Date of Birth \_\_\_\_\_

Please circle all that apply -    Crawling    Walking    Talking

Parent \_\_\_\_\_

Parent \_\_\_\_\_

Address \_\_\_\_\_

City, State, Zip \_\_\_\_\_

Phone \_\_\_\_\_ Cell \_\_\_\_\_

Email \_\_\_\_\_

Siblings (Names & Ages) Others in Household \_\_\_\_\_

Who will attend the class with the child? \_\_\_\_\_

Any Allergies? \_\_\_\_\_

**Programs fill quickly. Please send completed form with payment early to ensure your space.**

**Return to:                    Enrollment Office  
Washington Waldorf School  
4800 Sangamore Road  
Bethesda, MD 20816**